



Girls On The Run is a nationwide program that recognizes that every girl is special, that every girl is strong, that every girl is a winner. It's about running, but through an established curriculum it also teaches girls about health, friendship, body image, self-esteem and community service



WE NEED COACHES

Coaches are provided with training, a comprehensive, well-researched curriculum, and teaching materials that are being used by Girls On The Run in communities around the nation. Past Coaches have come from a wide variety of backgrounds: mothers, teachers, nurses, guidance counselors and other community members who value physical fitness.



**LET US KNOW
IF YOU'RE
INTERESTED**

CALL 330-607-4110